

# PSYCHOLOGY AND HUMAN SERVICES, BS

The Bachelor of Science (BS) degree program in Psychology and Human Services is firmly grounded in the discipline of psychology while also stressing realistic career opportunities in human services fields for graduates. The curriculum design allows students to explore an academic and experiential environment that prepares them for careers in diverse areas of the helping professions. The program also prepares students for graduate work in psychology, counseling, social work, and related fields.

## Graduates of this program will be able to:

- Apply the major concepts, findings, and theoretical perspectives of psychology.
- Evaluate research critically and apply research methodologies used in psychology.
- Demonstrate effective, professional written communication skills both individually and with groups.
- Demonstrate effective, professional oral communication skills both individually and with groups.
- Demonstrate an understanding of the roles, responsibilities, and career opportunities for those with psychology-related degrees.
- Apply the ethical standards set forth by the American Psychological Association.
- Demonstrate awareness and knowledge of individual and cultural differences and their influences on beliefs, values, and interactions with others.
- Demonstrate skills to interact effectively with people of diverse abilities, backgrounds, and cultural perspectives.

## Major Concentrations

The department offers seven concentrations for students who want to select a focus area:

- Advanced Behavioral Health Concentration (p. 2)
- Cognitive and Physiological Influences on Behavior Concentration (p. 2)
- Gender Studies Concentration (p. 2)
- Psychology of Health & Wellness Concentration (p. 2)
- Psychology of Human Development Concentration (p. 2)
- Psychology of Social Justice Concentration (p. 2)
- Advanced Studies in Psychology Concentration (p. 3)

For all concentrations, students must meet the following requirements:

- Meet all University admission and academic requirements.
- Students must be enrolled in the Psychology and Human Services program.
- Complete all requirements for the Psychology and Human Services B.S.
- All program policies apply, including: no more than two grades of D in upper-division courses are allowed (upper-division courses are all courses other than those of CORE IMPACTS; 1000- or 2000- level courses used in the upper division are included in this restriction).

## Program Requirements

Code	Title	Credit Hours
<b>Core IMPACTS</b>		<b>42</b>
All core curriculum recommendations are shown under the Core IMPACTS section of the Undergraduate Graduation Requirements. ( <a href="https://catalog.clayton.edu/graduation-requirements/undergraduate-graduation-requirements/core-curriculum/#nonsciencemajorstext">https://catalog.clayton.edu/graduation-requirements/undergraduate-graduation-requirements/core-curriculum/#nonsciencemajorstext</a> )		
<b>Field of Study - Psychology &amp; Human Services <sup>1</sup></b>		<b>18</b>
<i>Required Courses</i>		
PSYC 1101	Intro to General Psychology (with a grade of "C" or above)	3
PSYC 2103	Intro to Human Development (with a grade of "C" or above)	3
PSYC 2100	Introduction to Interpersonal Communication & Helping	3
PSYC 2110	Careers in Psychology	3
HMSV 2010	Introduction to Human Services	3
<i>Major Options</i>		
Choose 1 additional 1000/2000 level course This excludes the following: (1) PHED activity, 1000 level HFMG, TECH and MSL courses; (2) courses offered for institutional credit only; and (3) career program courses not specifically approved in advance. <sup>2</sup>		3
<b>Upper Division Major Requirements <sup>3</sup></b>		<b>18</b>
PSYC 3300	Ethics & Professional Issues	3
PSYC 3180	Intro to Multicultural Psych	3
PSYC 3520	Theories of Personality	3
PSYC 3130	Social Psychology	3
PSYC 3350	Abnormal Psychology	3
PSYC 3560	Research Methods-Psychology (with a grade of "C" or above)	3
<b>Upper Division Major Electives</b>		<b>9</b>
Select 3 upper division (3000-4000) level PSYC or HMSV courses <sup>3, 4, 5</sup>		
<b>Upper Division Directed Electives</b>		<b>9</b>
Select 3 upper division (3000-4000) level courses. <sup>6, 7</sup>		
<b>Free Electives</b>		<b>21</b>
Choose 21 hours from 1000-4000 level courses <sup>6, 7</sup>		
<b>Internship Requirement</b>		<b>3</b>
PSYC 4490	Internship/Practicum in Psych.	3
<b>Required Capstone Experience</b>		<b>0</b>
PSYC 4999	Senior Evaluation	0
<b>Concentrations</b>		
All Psychology and Human Services majors will declare at least one concentration within the curriculum		
<b>Total Credit Hours</b>		<b>120</b>

<sup>1</sup> Please note that no more than 12 total hours in Field of Study may be PSYC courses. IF MATH 1401 Elementary Statistics is not completed as part of Core IMPACTS or as a related elective, PSYC 2105 Statistics for Psychology MUST be completed with a "C" or above as a psychology elective. If students complete MATH 1401 Elementary Statistics to meet the Department of Psychology statistics requirement, it must be completed with a "C" or above.

<sup>2</sup> Courses in the following areas are encouraged: foreign language, sociology, anthropology, philosophy, statistics and biological science.

<sup>3</sup> No more than two grades of D in upper-division courses are allowed in the Psychology major. Upper-division courses are all courses other than those of Core IMPACTS. 1000- or 2000-level courses used in the upper division are included in this restriction.

<sup>4</sup> \*PSYC 2105 Statistics for Psychology must be selected if MATH 1401 Elementary Statistics has not been taken in another area.

<sup>5</sup> No more than 2 selected topics may be taken in this area. For example, you may not take PSYC 3801 Selected Topics I, PSYC 3802 Selected Topics II, PSYC 4801 Selected Topics III, AND PSYC 4802 Selected Topics IV. You are limited to only two classes designated as selected topics.

<sup>6</sup> Excludes PHED activity, 1000 level HFMG, TECH, and MSL courses; courses offered for institutional credit only; and career program courses not specifically approved in advance.

<sup>7</sup> Majors may take up to 6 additional upper division PSYC hours in Upper Division or Directed Electives beyond the 9 hours of Upper Division Major Electives

### Advanced Behavioral Health

Code	Title	Credit Hours
Complete the below required course:		
PSYC 3580	Addictions	3
Select 9 hours (3 courses) from the courses listed below:		
PSYC 3140	Crisis Intervention	3
PSYC 3150	Group Dynamics	3
PSYC 3210	Abnormal Child Psychology	3
PSYC 3590	Grief and Bereavement	3
PSYC 3600	Sexual Disorders and Psychological Intervention	3
<i>Total credit hours</i>		12

### Cognitive and Physiological Influences on Behavior

Code	Title	Credit Hours
Complete 12 hours (4 courses) from the courses listed below:		
PSYC 3530	Health Psychology	3
PSYC 4120	Physiological Psychology	3
PSYC 4130	Intro to Cognitive Psychology	3
PSYC 4540	Intro to Learning and Behavior	3
HLTH 3201	Pathophysiology	3
<i>Total Credit Hours</i>		12

### Gender Studies

Code	Title	Credit Hours
Complete the below required course:		
PSYC 4110	Psychology of Gender	3
Complete 9 hours (3 courses) from the courses listed below:		

PSYC 3530	Health Psychology	3
PSYC 3570	Human Sexuality	3
PSYC 4190	Adolescent Psychology	3
HLTH 3401	Contemporary Women's Health	3
SOCI 3300	Gender & Sexuality	3
<i>Total Credit Hours</i>		12

### Psychology of Health & Wellness

Code	Title	Credit Hours
Complete the required 3 hour course:		
PSYC 3530	Health Psychology	3
Complete 9 hours (3 courses) from the courses listed below:		
PSYC 3200	Positive Psychology	3
PSYC 3400	Introduction to Community Psyc	3
PSYC 3570	Human Sexuality	3
PSYC 3580	Addictions	3
PSYC 4180	Adulthood and Aging	3
HFMG 3110	Personal Health and Wellness	3
HLTH 3341	Cultural Diversity in Health and Illness	3
HLTH 4330	Nutrition	3
SOCI 3130	Drugs and Society	3
SOCI 3850	Health, Illness, and Society	3
<i>Total Credit Hours</i>		12

### Psychology of Human Development

Code	Title	Credit Hours
Complete 12 hours (4 courses) from the courses listed below:		
PSYC 3160	Educational Psychology	3
PSYC 3210	Abnormal Child Psychology	3
PSYC 3510	Psych. Testing and Measurement	3
PSYC 3700	Emerging Adulthood	3
PSYC 4160	Death and Dying	3
PSYC 4180	Adulthood and Aging	3
PSYC 4190	Adolescent Psychology	3
PSYC 4560	Infancy	3
SOCI 4153	Aging & Society	3
<i>Total Credit Hours</i>		12

### Psychology of Social Justice

Code	Title	Credit Hours
Complete the required course:		
PSYC 3500	Psychology of Social Justice	3
Complete 9 hours (3 courses) from the courses listed below:		
PSYC 3170	The Psychology of the Africana	3
PSYC 3220	Intro to Latinx Psychology	3
PSYC 3400	Introduction to Community Psyc	3

PSYC 4110	Psychology of Gender	3
PSYC 4550	Program Development	3
SOCI 3320	Social Inequality	3
SOCI 3310	Race and Ethnicity	3
SOCI 4420	Law and Society	3
SOCI 3450	Urban Sociology	3
<i>Total Credit Hours</i>		<i>12</i>

### Advanced Studies in Psychology

Code	Title	Credit Hours
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Complete 15 hours (5 courses) from the courses listed below:

PSYC 3140	Crisis Intervention	3
PSYC 3150	Group Dynamics	3
PSYC 3160	Educational Psychology	3
PSYC 3170	The Psychology of the Africana	3
PSYC 3200	Positive Psychology	3
PSYC 3210	Abnormal Child Psychology	3
PSYC 3220	Intro to Latinx Psychology	3
PSYC 3400	Introduction to Community Psyc	3
PSYC 3500	Psychology of Social Justice	3
PSYC 3510	Psych. Testing and Measurement	3
PSYC 3530	Health Psychology	3
PSYC 3570	Human Sexuality	3
PSYC 3580	Addictions	3
PSYC 3590	Grief and Bereavement	3
PSYC 3600	Sexual Disorders and Psychological Intervention	3
PSYC 3700	Emerging Adulthood	3
PSYC 4110	Psychology of Gender	3
PSYC 4120	Physiological Psychology	3
PSYC 4130	Intro to Cognitive Psychology	3
PSYC 4160	Death and Dying	3
PSYC 4180	Adulthood and Aging	3
PSYC 4190	Adolescent Psychology	3
PSYC 4540	Intro to Learning and Behavior	3
PSYC 4550	Program Development	3
PSYC 4560	Infancy	3
<i>Total Credit Hours</i>		<i>15</i>

## Suggested Course Sequence

Please Note: This is a suggested course sequence and assumes a starting freshman with no prior college credit who intends to complete their degree in four years. Students should consult with their academic advisor and review the course prerequisites and minimum grade requirements as seen in the Academic Catalog.

Course	Title	Credit Hours
<b>First Year</b>		
<b>First Semester</b>		
CSU 1000	First Year Seminar	1
PSYC 1101	Intro to General Psychology	3
ENGL 1101	English Composition I (Core IMPACTS)	3
CRIT 1101	Critical Thinking (Core IMPACTS)	3
MATH 1101	Intro to Mathematical Modeling (Core IMPACTS)	3

POLS 1101	American Government (Core IMPACTS)	3
<b>Credit Hours</b>		<b>16</b>
<b>Second Semester</b>		
PSYC 2100	Intro Interper Comm & Helping	3
PSYC 2110	Careers in Psychology	3
ENGL 1102	English Composition II (Core IMPACTS)	3
Core IMPACTS Institutional Priority		2-3
Science Course with Laboratory (Core IMPACTS)		4
<b>Credit Hours</b>		<b>15-16</b>

<b>Second Year</b>		
<b>First Semester</b>		
PSYC 2103	Intro to Human Development	3
Lower Division Elective (1000/2000 Course)		3
HIST 1111 or HIST 1112 or HIST 2750 or POLS 2401	Survey-PreModern World History (Core IMPACTS ) or Survey of Modern World History or Critical Trends and Issues or Intro to Global Issues	3
AFAM 2010 or ECON 1101 or ECON 2105 or ECON 2106 or SOCI 1101 or WST 2010	Intro-African American Studies (Core IMPACTS) or Economic of Financial Literacy or Principles of Macroeconomics or Principles of Microeconomics or Introduction to Sociology or Intro to Women's Studies	3
Science Course without Laboratory (Core IMPACTS)		3
<b>Credit Hours</b>		<b>15</b>

<b>Second Semester</b>		
HMSV 2010	Intro to Human Services	3
Fine Arts or Intermediate Foreign Language (Core IMPACTS)		3
Math, Science, or Technology Course (Core IMPACTS)		3
Program Statistics Requirement (PSYC 2105 or MATH 1401) - consult advisor for placement in curriculum		
HIST 2111 or HIST 2112	Survey of US History to 1877 (Core IMPACTS) or US HIST Since Reconstruction	3
Literature, Philosophy, or Foreign Language (Core IMPACTS)		3
<b>Credit Hours</b>		<b>15</b>

<b>Third Year</b>		
<b>First Semester</b>		
PSYC 3130	Social Psychology	3
PSYC 3350	Abnormal Psychology (PSYC Elective)	3
PSYC 3560	Research Methods-Psychology	3
PSYC 3300	Ethics & Professional Issues	3
Upper Division Directed Elective		3
<b>Credit Hours</b>		<b>15</b>
<b>Second Semester</b>		
PSYC 3180	Intro to Multicultural Psych	3
PSYC 3520	Theories of Personality	3
Concentration course		3
Upper Division Directed Elective		3
Free Elective		3
<b>Credit Hours</b>		<b>15</b>

<b>Fourth Year</b>		
<b>First Semester</b>		
Concentration Course		3
Concentration Course		3
Free Elective		3
Free Elective		3
Free Elective		3
<b>Credit Hours</b>		<b>15</b>
<b>Second Semester</b>		
PSYC 4490	Internship/Practicum in Psych.	3
PSYC 4999	Senior Evaluation	0
Concentration Course		3
Free Elective		3

Free Elective	3
Free Elective	3
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Credit Hours	15
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Total Credit Hours	121-122

First-time traditional students enrolling in 9 or more semester hours are required to enroll in CSU 1000 First Year Seminar

<sup>1</sup> PSYC 2105 Statistics for Psychology is preferred. MATH 1401 Elementary Statistics as an alternative.